

Dr L H Hiranandani Hospital

"Your family Superspeciality Hospital"

ISO 9001:2008 CERTIFIED DAKKS & NABCB ACCREDITED

A NABH Accredited Hospital

(National Accreditation Board for Hospitals & Healthcare Providers. An initiative of Quality Council of India)



EXECUTIVE HEALTH CHECK DEPARTMENT

LOCATION: 7TH FLOOR

CONTACT NOS: 022 - 2576 3318 / 3398 / 3222

WORKING DAYS: MONDAY TO SATURDAY

OPERATIONAL TIMING: 8AM TO 4PM

To get appointment during non working hours kindly mail us on the below mentioned id:

healthcheck@hiranandanihospital.org

Hillside Avenue, Hiranandani Gardens, Powai, Mumbai – 400 076, India Ph: 2576 3333/ 3300, Fax: 2576 3311/ 2576 3344

Website: www.hiranandanihospital.org , Email: info@hiranandanihospital.org





"To be the preferred choice for healing and good health"

NEW COMPREHENSIVE PACKAGE REVISED



COMPLETE BLOOD COUNT- CBC [1]
BLOOD GROUP & RH FACTOR [1]
URINE ROUTINE[1]
STOOL ROUTINE [1]
BLOOD SUGAR FASTING & POSTPRANDIAL [1]
LIPID PROFILE [1]
CRP HS - ULTRASENSITIVE DETERMINATION OF C-REACTIVE
PROTEIN [1]
LIVER PROFILE. [1]
BLOOD UREA NITROGEN (BUN) [1]
CREATININE [1]
CALCIUM. [1]
TSH (ULTRASENSITIVE) [1]
ECG
XR CHEST PA
ULTRASOUND ABDOMEN WITH PELVIS
BODY COMPOSITION ANALYSIS
PHYSICIANS CONSULTATION
MISCELLANEOUS CHARGES
2D ECHO / STRESS TEST

Total Amount – Rs.5500/- (Rupees Five thousand five hundred)

Tests available at a discounted rate of 15% on OPD rates

-  Vitamin B12
-  Vitamin D
-  Vascular elasticity
-  CT Angiography

Tests available at a discounted rate

-  **Ankle Brachial Index – Rs 2,000 /- (Both limbs)**
-  **Screening for Autonomic Neuropathy (R-R Interval) – Rs 1500/-**

BENEFIT: This package focuses on the general well-being of your health. The tests will help you detect the early onset of diseases including diabetes and various ailments affecting heart, liver, kidneys and thyroid organs.

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NEW EXECUTIVE PACKAGE – FEMALE

BLOOD GROUP & RH FACTOR [1]
URINE ROUTINE[1]
STOOL ROUTINE [1]
GLYCOSYLATED HAEMOGLOBIN (HBA1C) [1]
LIPID PROFILE [1]
CRP HS - ULTRASENSITIVE DETERMINATION OF C-REACTIVE
PROTEIN [1]
BLOOD UREA NITROGEN (BUN) [1]
CREATININE [1]
CALCIUM. [1]
URIC ACID [1]
LIVER PROFILE. [1]
G6PD QUALITATIVE(GLUCOSE 6-PHOSPHATE
DEHYDROGENASE) [1]
THYROID PROFILE - T3, T4 AND TSH [1]
RA TEST (RHEUMATOID ARTHRITIS) QUANTITATIVE
ESTIMATION [1]
ANTI STREPTOLYSIN O (ASO)- QUANTITATIVE ESTIMATION
[1]
ECG
XR CHEST PA
PFT-SPIROMETRY
STRESS TEST
ULTRASOUND ABDOMEN WITH PELVIS

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NEW EXECUTIVE PACKAGE – FEMALE (Contd.)




ENT CONSULTATION
OPHTHAL CONSULTATION
DENTAL CONSULTATION
PHYSICIANS CONSULTATION
BODY COMPOSITION ANALYSIS
MISCELLANEOUS CHARGES
GYNAECOLOGIST CONSULTATION
CYTOLOGY EXAMINATION [2]
COMPLETE BLOOD COUNT- CBC [1]
ESR (ERYTHROCYTE SEDIMENTATION RATE) [1]
BLOOD SUGAR FASTING [1]
BLOOD SUGAR POSTPRANDIAL [1]
LUNCH

Total Amount – Rs.7900/- (Rupees Seven thousand nine hundred)




Following tests available at additional cost of Rs 5500/-

-  **Cancer Screening (CA 125, CEA, CA 19.9, HPV-DNA)**
-  **Well Being (Vitamins B12 & D)**

Tests available at a discounted rate of 15% on OPD rates

-  **Bone Densitometry**
-  **Vascular Elasticity**
-  **CT coronary Angiography**

Tests available at a discounted rate

-  **Ankle Brachial Index – Rs 2,000 /- (Both limbs)**
-  **Screening for Autonomic Neuropathy (R-R Interval) – Rs 1500/-**
-  **10% discount on individual Dermocosmetology Procedures except Laser Hair Reduction. It will be valid for 15 days from date of EHC.**

BENEFIT: This package helps to detect any variance in the general well-being. These tests will help in early detection of the onset of various diseases that may affect your body. In addition, specialized panels of tests including cancer screening markers and well being tests (Vitamins D & B12) are offered at highly subsidized rates.

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NEW EXECUTIVE PACKAGE – MALE

BLOOD GROUP & RH FACTOR [1]
URINE ROUTINE[1]
STOOL ROUTINE [1]
GLYCOSYLATED HAEMOGLOBIN (HBA1C) [1]
LIPID PROFILE [1]
CRP HS - ULTRASENSITIVE DETERMINATION OF C-REACTIVE
PROTEIN [1]
BLOOD UREA NITROGEN (BUN) [1]
CREATININE [1]
CALCIUM. [1]
URIC ACID [1]
LDH SERUM [1]
LIVER PROFILE. [1]
G6PD QUALITATIVE(GLUCOSE 6-PHOSPHATE
DEHYDROGENASE) [1]
PSA (PROSTATE SPECIFIC ANTIGEN) [1]
THYROID PROFILE - T3, T4 AND TSH [1]
RA TEST (RHEUMATOID ARTHRITIS) QUANTITATIVE
ESTIMATION [1]
ANTI STREPTOLYSIN O (ASO)- QUANTITATIVE ESTIMATION
[1]
ECG
XR CHEST PA
PFT-SPIROMETRY
STRESS TEST
ULTRASOUND ABDOMEN WITH PELVIS

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NEW EXECUTIVE PACKAGE – MALE (Contd.)

SURGEON CONSULTATION
ENT CONSULTATION
OPHTHAL CONSULTATION
DENTAL CONSULTATION
PHYSICIANS CONSULTATION
BODY COMPOSITION ANALYSIS
MISCELLANEOUS CHARGES
COMPLETE BLOOD COUNT- CBC [1]
ESR (ERYTHROCYTE SEDIMENTATION RATE) [1]
BLOOD SUGAR FASTING [1]
BLOOD SUGAR POSTPRANDIAL [1]
LUNCH
Total Amount – Rs.7900/- (Rupees Seven thousand nine hundred)




Following tests available at additional cost of Rs 4000/-

-  **Cancer Screening (CEA, CA 19.9)**
-  **Well Being (Vitamins B12 & D)**

Tests available at a discounted rate of 15% on OPD rates

-  **Bone Densitometry**
-  **Vascular Elasticity**
-  **CT Coronary Angiography**

Tests available at a discounted rate

-  **Ankle Brachial Index – Rs 2,000 /- (Both limbs)**
-  **Screening for Autonomic Neuropathy (R-R Interval) – Rs 1500/-**
-  **10% discount on individual Dermocosmetology Procedures except Laser Hair Reduction. It will be valid for 15 days from date of EHC.**

BENEFIT: This package of investigations helps to detect any variance in the general well-being. These tests will help in early detection of the onset of various diseases that may affect your body. In addition, specialized panels of tests including cancer screening markers and well being tests (Vitamins D & B12) are offered at highly subsidized rates.

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NEW PLATINUM PACKAGE MALE

COMPLETE BLOOD COUNT- CBC [1]
ESR (ERYTHROCYTE SEDIMENTATION RATE) [1]
G6PD QUALITATIVE(GLUCCOSE 6-PHOSPHATE DEHYDROGENASE) [1]
LIVER PROFILE. [1]
LIPID PROFILE [1]
APOLIPOPROTEIN A1 & B [PR2]
LIPOPROTEIN A [PR2]
CRP HS - ULTRASENSITIVE DETERMINATION OF C-REACTIVE PROTEIN [1]
BLOOD SUGAR FASTING & POSTPRANDIAL [1]
GLYCOSYLATED HAEMOGLOBIN (HBA1C) [1]
BLOOD GROUP & RH FACTOR [1]
LDH SERUM [1]
URINE ROUTINE[1]
STOOL ROUTINE [1]
HIV I & II ELISA [1]
HBSAG ELFA[1] / ELISA [1]
HCV ELISA [1]
VDRL [1]
VITAMIN B12 (CYANOCOBALAMIN) [1]
VITAMIN D (25 HYDROXY) [1]
CRP-QUANTITATIVE ESTIMATION [1]
RA TEST (RHEUMATOID ARTHRITIS) QUANTITATIVE ESTIMATION [1]
ANTI STREPTOLYSIN O (ASO)- QUANTITATIVE ESTIMATION [1]
PSA (PROSTATE SPECIFIC ANTIGEN) [1]
CEA (CARCINO EMBRYONIC ANTIGEN) [1]
CA-19.9 (CANCER ANTIGEN 19.9) [1]
FERRITIN [1]
MAGNESIUM. [1]
HOMOCYSTEINE [1]
XR CHEST PA
ULTRASOUND ABDOMEN WITH PELVIS
PFT-SPIROMETRY
STRESS TEST
2DECHO - DOPPLER
AUDIOMETRY CHARGES
ECG
BODY COMPOSITION ANALYSIS
MISCELLANEOUS CHARGES

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NEW PLATINUM PACKAGE MALE (Contd.)




SURGEON CONSULTATION
OPHTHAL CONSULTATION
DENTAL CONSULTATION
ENT CONSULTATION
CARDIOLOGIST CONSULTATION
DIETICIAN CONSULTATION
PSYCHOLOGIST CONSULTATION
PHYSICIANS CONSULTATION
RENAL PROFILE [1]
FOLIC ACID OR FOLATE [2]
VASCULAR ELASTICITY MEASUREMENT
FREE THYROID PROFILE - FT3 , FT4 AND TSH [1]
DERMOCOSMETOLOGY CONSULTATION
LUNCH

Total Amount – Rs.20000/- (Rupees Twenty thousand)

Tests available at a discounted rate of 10% on OPD rates

-  **CT - Coronary Angiography**
-  **Bone Densitometry**
-  **Whole body MRI**
-  **9 Drug Panel**

Tests available at a discounted rate

-  **Ankle Brachial Index – Rs 2,000 /- (Both limbs)**
-  **Screening for Autonomic Neuropathy (R-R Interval) – Rs 1500/-**
-  **10% discount on individual Dermocosmetology Procedures except Laser Hair Reduction. It will be valid for 15 days from date of EHC.**

BENEFIT: This complete health package will detect any disturbance in the internal functioning of your body and help you ensure that you live a healthy life. These tests are helpful in providing valuable information about the state of your health. The intention of this health package is to detect disease early which will help in early intervention which has high cure rate and less complication.

NEW PLATINUM PACKAGE FEMALE

COMPLETE BLOOD COUNT- CBC [1]
ESR (ERYTHROCYTE SEDIMENTATION RATE) [1]
G6PD QUALITATIVE(GLUOSE 6-PHOSPHATE DEHYDROGENASE) [1]
LIVER PROFILE. [1]
LIPID PROFILE [1]
APOLIPOPROTEIN A1 & B [PR2]
LIPOPROTEIN A [PR2]
CRP HS - ULTRASENSITIVE DETERMINATION OF C-REACTIVE PROTEIN [1]
RENAL PROFILE [1]
BLOOD SUGAR FASTING & POSTPRANDIAL [1]
GLYCOSYLATED HAEMOGLOBIN (HBA1C) [1]
BLOOD GROUP & RH FACTOR [1]
LDH SERUM [1]
URINE ROUTINE[1]
STOOL ROUTINE [1]
FREE THYROID PROFILE - FT3 , FT4 AND TSH [1]
HIV 1 & 2 BY CHEMILUMINESENCE [1]
HBSAG BY CHEMILUMINESENCE [1]
HCV BY CHEMILUMINESENCE [1]





VDRL [1]
VITAMIN B12 (CYANOCOBALAMIN) [1]
VITAMIN D (25 HYDROXY) [1]
FOLIC ACID OR FOLATE [2]
ANTI STREPTOLYSIN O (ASO)- QUANTITATIVE ESTIMATION [1]
FERRITIN [1]
MAGNESIUM. [1]
HOMOCYSTEINE [1]
CEA (CARCINO EMBRYONIC ANTIGEN) [1]
CA-125 (CANCER ANTIGEN 125) [1]
CA-19.9 (CANCER ANTIGEN 19.9) [1]
CYTOLOGY EXAMINATION [2]
MAMMOGRAPHY (HEALTH CHECK)
XR CHEST PA
PFT-SPIROMETRY
ECG

NEW PLATINUM PACKAGE FEMALE (Contd.)




STRESS TEST
2DECHO - DOPPLER
AUDIOMETRY CHARGES
BODY COMPOSITION ANALYSIS
SURGEON CONSULTATION
OPHTHAL CONSULTATION
DENTAL CONSULTATION
ENT CONSULTATION
CARDIOLOGIST CONSULTATION
DIETICIAN CONSULTATION
PHYSICIANS CONSULTATION
GYNAECOLOGIST CONSULTATION
PSYCHOLOGIST CONSULTATION
RA TEST (RHEUMATOID ARTHRITIS) QUANTITATIVE ESTIMATION [1]
CRP-QUANTITATIVE ESTIMATION [1]
DERMOCOSMETOLOGY CONSULTATION
LUNCH
MISCEL

Total Amount – Rs.20000/- (Rupees Twenty thousand)

**Tests available at a discounted rate of
10% on OPD rates**

-  **CT - Coronary Angiography**
-  **Bone Densitometry**
-  **Whole body MRI**
-  **9 Drug Panel**

Tests available at a discounted rate

-  **Ankle Brachial Index – Rs 2,000 /- (Both limbs)**
-  **Screening for Autonomic Neuropathy (R-R Interval) – Rs 1500/-**
-  **10% discount on individual Dermocosmetology Procedures except Laser Hair Reduction. It will be valid for 15 days from date of EHC.**

BENEFIT: This complete health package will detect any disturbance in the internal functioning of your body and help you ensure that you live a healthy life. These tests are helpful in providing valuable information about the state of your health. The intention of this health package is to detect disease early which will help in early intervention which has high cure rate and less complication

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KIDZ PACKAGE

XR CHEST PA
URINE ROUTINE[1]
STOOL ROUTINE [1]
BLOOD GROUP & RH FACTOR [1]
COMPLETE BLOOD COUNT- CBC [1]
BLOOD SUGAR RANDOM [1]
CREATININE [1]
SGPT [1]
OPHTHAL CONSULTATION
ENT CONSULTATION
DENTAL CONSULTATION
PAEDIATRICIAN CONSULTATION
NUTRITIONIST CHARGES
PSYCHOLOGIST CONSULTATION

Total Amount – Rs.2000/- (Rupees Two thousand)

BENEFIT: Through this package we are able to identify their mental and emotional needs besides their physical ones and address them at the earliest. Emphasis has been provided on their nutritional intake and behavioral assessment, which would enable to take proactive steps in the right direction.

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PRINCE PACKAGE

ECG
URINE ROUTINE[1]
STOOL ROUTINE [1]
BLOOD GROUP & RH FACTOR [1]
COMPLETE BLOOD COUNT- CBC [1]
TSH (ULTRASENSITIVE) [1]
BLOOD SUGAR RANDOM [1]
GROWTH HORMONE[3182] [SR2]
CREATININE [1]
SGPT [1]
OPHTHALM CONSULTATION
SURGEON CONSULTATION
ENT CONSULTATION
DENTAL CONSULTATION
DERMATOLOGIST CONSULTATION
PHYSICIANS CONSULTATION
NUTRITIONIST CHARGES
XR CHEST AP
PSYCHOLOGIST CONSULTATION

Total Amount – Rs.3300/- (Rupees Three thousand three hundred)

BENEFIT: Through this package, our team of professionals would hand hold the teens and give them essential insights in matters of behavioral analysis, hormonal changes, essential nutritional focus, preparing them to enjoy the life to the fullest.

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PRINCESS PACKAGE

ECG
URINE ROUTINE[1]
STOOL ROUTINE [1]
BLOOD GROUP & RH FACTOR [1]
COMPLETE BLOOD COUNT- CBC [1]
TSH (ULTRASENSITIVE) [1]
BLOOD SUGAR RANDOM [1]
GROWTH HORMONE[3182] [SR2]
CREATININE [1]
SGPT [1]
OPHTHAL CONSULTATION
SURGEON CONSULTATION
ENT CONSULTATION
DENTAL CONSULTATION
DERMATOLOGIST CONSULTATION
NUTRITIONIST CHARGES
XR CHEST AP
FSH (FOLLICLE STIMULATING HORMONE) [2]
LH (LEUTINISING HORMONE) [2]
PROLACTIN [2]
GYNAECOLOGIST CONSULTATION
PSYCHOLOGIST CONSULTATION

Total Amount – Rs.4400/- (Rupees Four thousand four hundred)

BENEFIT: Through this package, our team of professionals would hand hold the teens and give them essential insights in matters of behavioral analysis, hormonal changes, essential nutritional focus, preparing them to enjoy the life to the fullest.

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SENIOR CITIZEN PACKAGE

ALKALINE PHOSPHATASE. [1]
BLOOD SUGAR FASTING & POSTPRANDIAL [1]
COMPLETE BLOOD COUNT- CBC [1]
DENTAL CONSULTATION
DIETICIAN CONSULTATION
ECG
ESR (ERYTHROCYTE SEDIMENTATION RATE) [1]
LIPID PROFILE [1]
MISCELLANEOUS CHARGES
NEUROLOGIST CONSULTATION
OPHTHAL CONSULTATION
PHYSICIANS CONSULTATION
PSYCHOLOGIST CONSULTATION
SGOT [1]
SGPT [1]
STOOL ROUTINE [1]
AUDIOMETRY CHARGES
ENT CONSULTATION
SURGEON CONSULTATION
URINE ROUTINE[1]
XR CHEST PA
LUNCH

Total Amount – Rs.3000/- (Rupees Three thousand)

Tests available at a discounted rate

-  **Ankle Brachial Index – Rs 2,000 /- (Both limbs)**
-  **Screening for Autonomic Neuropathy (R-R Interval) – Rs 1500/-**

BENEFIT: This package, designed specially for those over 60 years, has basic investigations covering significant age related diseases. It enables you to discuss your health related issues with a panel of doctors of various specialties.

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ADD ON SENIOR CITIZEN PACKAGE

PSA (PROSTATE SPECIFIC ANTIGEN) [1]
CEA (CARCINO EMBRYONIC ANTIGEN) [1]
CA-19.9 (CANCER ANTIGEN 19.9) [1]
VITAMIN D (25 HYDROXY) [1]
VASCULAR ELASTICITY MEASUREMENT
XR BONE DENSITOMETRY
PULMONARY FUNCTION TEST
LUNCH

Total Amount – Rs.6135/- (Rupees Six thousand one hundred thirty five)

BENEFIT: Various specialized tests such as cancer markers, bone densitometry and so on are available. They are aimed at ensuring that you continue to remain in and enjoy good health.

ADD ON SENIOR CITIZEN PACKAGE FEMALE

CA-125 (CANCER ANTIGEN 125) [1]
CEA (CARCINO EMBRYONIC ANTIGEN) [1]
CA-19.9 (CANCER ANTIGEN 19.9) [1]
VITAMIN D (25 HYDROXY) [1]
VASCULAR ELASTICITY MEASUREMENT
XR BONE DENSITOMETRY
PULMONARY FUNCTION TEST
LUNCH

Total Amount – Rs.6360/- (Rupees Six thousand three hundred sixty)

BENEFIT: Various specialized tests such as cancer markers, bone densitometry and so on are available. They are aimed at ensuring that you continue to remain in and enjoy good health.

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NEW DIABETES SCREENING PACKAGE

COMPLETE BLOOD COUNT- CBC [1]
BLOOD SUGAR FASTING [1]
BLOOD SUGAR POSTPRANDIAL [1]
GLYCOSYLATED HAEMOGLOBIN (HBA1C) [1]
URINE FOR MICROALBUMIN [1]
CREATININE [1]
INSULIN - FASTING [1]
LIPID PROFILE [1]
ELECTROLYTES [1]
DIETICIAN CONSULTATION
PHYSICIANS CONSULTATION
OPHTHAL CONSULTATION
PHYSIOTHERAPY CONSULTATION
BODY COMPOSITION ANALYSIS
NEUROLOGIST CONSULTATION

Total Amount – Rs.2500/- (Rupees Two thousand five hundred)

Tests available at a discounted rate

-  **Ankle Brachial Index – Rs 2,000 /- (Both limbs)**
-  **Screening for Autonomic Neuropathy (R-R Interval) – Rs 1500/-**

BENEFIT: Scientific evidence shows that Diabetes can be prevented even in people who are at high risk for developing Diabetes. Therefore early detection of pre-diabetes can be a life saver.

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HEALTHY HEART PACKAGE

COMPLETE BLOOD COUNT- CBC [1]
BLOOD SUGAR FASTING & POSTPRANDIAL [1]
CREATININE [1]
LIPID PROFILE [1]
LIPOPROTEIN A [PR2]
CRP HS - ULTRASENSITIVE DETERMINATION OF C-REACTIVE PROTEIN [1]
TSH (ULTRASENSITIVE) [1]
ECG
STRESS TEST
2DECHO – DOPPLER
BODY COMPOSITION ANALYSIS
CARDIOLOGIST CONSULTATION
DIETICIAN CONSULTATION
VASCULAR ELASTICITY MEASUREMENT
MISCELLANEOUS CHARGES

Total Amount – Rs.4000/- (Rupees Four thousand)

Optional Tests at a 15 % discounted rate

✚ CT Cardiac Angiography

Tests available at a discounted rate

✚ Ankle Brachial Index – Rs 2,000 /- (Both limbs)

✚ Screening for Autonomic Neuropathy (R-R Interval) – Rs 1500/-

BENEFIT: The heart ailments are preventable. This package includes various heart assessment markers, which are independent risk factors as well as consultation with cardiologist.

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HEALTHY HEART WITH CT CORONARY

COMPLETE BLOOD COUNT- CBC [1]
URINE ROUTINE[1]
BLOOD SUGAR FASTING & POSTPRANDIAL [1]
CREATININE [1]
LIPID PROFILE [1]
HOMOCYSTEINE [1]
CRP HS - ULTRASENSITIVE DETERMINATION OF C-REACTIVE
PROTEIN [1]
LIPOPROTEIN A [PR2]
TSH (ULTRASENSITIVE) [1]
ECG
CARDIOLOGIST CONSULTATION
NUTRITIONIST CHARGES
FITNESS CONSULTATION
CT SCAN CORONARY ANGIOGRAPHY
MISCELLANEOUS CHARGES
CT SCAN CALCIUM SCORING
2DECHO – DOPPLER

Total Amount – Rs.11500/- (Rupees Eleven thousand five hundred)

Tests available at a discounted rate

-  **Ankle Brachial Index – Rs 2,000 /- (Both limbs)**
-  **Screening for Autonomic Neuropathy (R-R Interval) – Rs 1500/-**

BENEFIT: The heart ailments are preventable. This package includes various heart assessment markers, which are independent risk factors as well as consultation with cardiologist. CT Coronary Angiography helps determine if plaque buildup has narrowed the coronary arteries, the blood vessels that supply the heart.

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CANCER RISK REDUCTION PACAKGES FOR MALES UNDER 45 YRS

COMPLETE BLOOD COUNT- CBC [1]
LDH SERUM [1]
B-HCG (BETA HUMAN CHORIONIC GONADOTROPIN) [1]
URINE ROUTINE[1]
STOOL ROUTINE [1]
AFP (ALPHA FETO PROTEIN) [1]
CALCITONIN [PR2]
XR CHEST PA
ULTRASOUND ABDOMEN WITH PELVIS
PHYSICIANS CONSULTATION
MISCELLANEOUS CHARGES

Total Amount – Rs.4700/- (Rupees Four thousand seven hundred)

BENEFIT: At least one third of all cancer are preventable. Early detection of cancer is next best and enormously increases the chances for successful treatment. This package helps in identifying high risk conditions.

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CANCER RISK REDUCTION PACAKGES FOR MALES OVER 45 YRS

COMPLETE BLOOD COUNT- CBC [1]
LDH SERUM [1]
B-HCG (BETA HUMAN CHORIONIC GONADOTROPIN) [1]
URINE ROUTINE[1]
STOOL ROUTINE [1]
CA-19.9 (CANCER ANTIGEN 19.9) [1]
CEA (CARCINO EMBRYONIC ANTIGEN) [1]
PSA (PROSTATE SPECIFIC ANTIGEN) [1]
AFP (ALPHA FETO PROTEIN) [1]
CALCITONIN [PR2]
XR CHEST AP
ULTRASOUND ABDOMEN WITH PELVIS
PHYSICIANS CONSULTATION
MISCELLANEOUS CHARGES

Total Amount – Rs.6500/- (Rupees Six thousand five hundred)

Optional Tests at a 15 %discounted rate




 **Colonoscopy (Day Care)**


BENEFIT: This package helps in identifying high risk conditions. These tests can help us detect some cancers in their earliest stages when they are still small, have not spread and are easiest to treat


CANCER RISK REDUCTION PACAKGES FOR FEMALES

COMPLETE BLOOD COUNT- CBC [1]
URINE ROUTINE[1]
STOOL ROUTINE [1]
LDH SERUM [1]
URIC ACID [1]
CA-125 (CANCER ANTIGEN 125) [1]
CA-19.9 (CANCER ANTIGEN 19.9) [1]
CEA (CARCINO EMBRYONIC ANTIGEN) [1]
GYNAECOLOGIST CONSULTATION
MAMMOGRAPHY (HEALTH CHECK)
HUMAN PAILLOMA VIRUS (HPV) [SR4]
COLPOSCOPY
ULTRASOUND ABDOMEN WITH PELVIS
DIETICIAN CONSULTATION
MISCELLANEOUS CHARGES
CYTOLOGY EXAMINATION [2]
NAMITA PANDEY FIRST VISIT CHARGES

Total Amount – Rs.9000/- (Rupees Nine thousand)

-  **Cervical cancer prevention vaccination (HPV vaccination) at Rs 3530**
-  **Dr.Ahuja Charges**
-  **Inj Cervarix**

-  **Comprehensive Hereditary Cancer Panel – Rs.49,000/- (Report will come after 4 weeks)**

-  **Women’s Hereditary Cancer Panel: Breast, Ovary and Endometrium – Rs.35, 000/-.**
(Report will come after 4 weeks)

BENEFIT: At least one third of all cancer are preventable. Early detection of cancer is next best and enormously increases the chances for successful treatment. This package helps in identifying high risk conditions.

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CHRONIC WEAKNESS PACKAGE

COMPLETE BLOOD COUNT WITH ESR (CBC ESR) [1]
LIVER PROFILE. [1]
CPK [1]
LDH SERUM [1]
CREATININE [1]
BLOOD UREA NITROGEN (BUN) [1]
THYROID PROFILE - T3, T4 AND TSH [1]
CORTISOL [1]
ELECTROLYTES [1]
URINE ROUTINE[1]
STOOL ROUTINE [1]
VITAMIN B12 (CYANOCOBALAMIN) [1]
VITAMIN D (25 HYDROXY) [1]
IRON STUDIES (IRON AND TIBC) [3]
MANTOUX TEST ONE STEP - MT PPD TEST [2]
XR CHEST PA
DIETICIAN CONSULTATION
MISCELLANEOUS CHARGES
HIV 1 & 2 BY CHEMILUMINESCENCE [1]
HBSAG BY CHEMILUMINESCENCE [1]
HCV BY CHEMILUMINESCENCE [1]
PHYSICIANS CONSULTATION
PSYCHOLOGIST CONSULTATION

Total Amount – Rs.7200/- (Rupees Seven thousand two hundred)

BENEFIT: The complaints of weakness and fatigue are among the most common and challenging problems encountered by clinicians. These conditions must never be dismissed lightly, since they are of significance to the patient and may represent the first vague warning of underlying disease. This package involves screening of various systems and consultation with a panel of medical specialties.

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SLEEP DISORDER PACKAGE

COMPLETE BLOOD COUNT- CBC [1]
ESR (ERYTHROCYTE SEDIMENTATION RATE) [1]
THYROID PROFILE - T3, T4 AND TSH [1]
LIPID PROFILE [1]
ECG
BODY COMPOSITION ANALYSIS
XR CHEST PA
PFT-SPIROMETRY
MISCELLANEOUS CHARGES
PULMONOLOGIST CONSULTATION

Total Amount – Rs.2500/- (Rupees Two thousand five hundred)

Tests available at a discounted rate of 10% on OPD rates

-  **Sleep Study**
-  **Sleep Study with C pap**
-  **ABG**

BENEFIT: This package helps in correcting the sleep pattern, thus assisting in a healthy lifestyle. It compiles of all the necessary tests needed to determine the severity of your sleep disorder.

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NEW SMOKER PACKAGE

COMPLETE BLOOD COUNT
ABG WITH CARBOXY HAEMOGLOBIN
XR CHEST PA
PULMONARY FUNCTION TEST WITH DLCO
LIPID PROFILE
BREATH / SMOKE DETECTION
HOMOCYSTEINE LEVEL
PULMONARY MEDICINE CONSULTATION
MISCELLANEOUS CHARGES

Total Amount – Rs.5,000/- (Rupees Five Thousand)

BENEFIT: Screening for habitual smokers is test done for a disease when there are no symptoms or history of any disease. Doctors recommend a screening test to find a disease early, when treatment may work better.

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NEW ARTHRITIS PACKAGE

COMPLETE BLOOD COUNT- CBC [1]
ESR (ERYTHROCYTE SEDIMENTATION RATE) [1]
RA TEST (RHEUMATOID ARTHRITIS) QUANTITATIVE ESTIMATION [1]
ANTI STREPTOLYSIN O (ASO)- QUANTITATIVE ESTIMATION [1]
CRP HS - ULTRASENSITIVE DETERMINATION OF C-REACTIVE PROTEIN [1]
URIC ACID [1]
URINE ROUTINE[1]
HLA B27 [PR2]
PHYSICIANS CONSULTATION
ANA BY IMMUNOFLUORESCENCE [SR2]
CCP - ANTIBODIES TO CYCLIC CITRULLINATED PEPTIDE [1]

Total Amount – Rs.5000/- (Rupees Five thousand)

BENEFIT: Early diagnosis results in less joint damage and less pain.

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BONE HEALTH PACAKAGE

COMPLETE BLOOD COUNT- CBC [1]
VITAMIN D (25 HYDROXY) [1]
PARATHYROID HORMONE- INTACT (PTH-INTACT [1]
CALCIUM. [1]
PHOSPHORUS. [1]
ALKALINE PHOSPHATASE. [1]
ORTHOPAEDIC OP CONSULTATION

Total Amount – Rs.3720/- (Rupees Three thousand seven hundred twenty)

Add-On at 15% discounted rates

 **Bone Densitometry**

BENEFIT: Helps diagnose gradual weakening of the bones at an early stage, so that you live an active and pain-free life.

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CHRONIC PAIN PACKAGE

COMPLETE BLOOD COUNT- CBC [1]
CRP HS - ULTRASENSITIVE DETERMINATION OF C-REACTIVE
PROTEIN [1]
ESR (ERYTHROCYTE SEDIMENTATION RATE) [1]
URIC ACID [1]
VITAMIN B12 (CYANOCOBALAMIN) [1]
VITAMIN D (25 HYDROXY) [1]
DOCTORS CONSULTATION CHARGES

Total Amount – Rs.3000/- (Rupees Three thousand)

Add-On at discounted rates

-  Any one X-ray at a discount rate of OPD
-  Bone Densitometry

BENEFIT: Pain management specialist will guide you on how to remain pain-free or reduce the pain and live optimally.

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HEALTHY WEIGHT MANAGEMENT PACKAGE

COMPLETE BLOOD COUNT- CBC [1]
BLOOD SUGAR FASTING & POSTPRANDIAL [1]
INSULIN - FASTING [1]
BLOOD UREA NITROGEN (BUN) [1]
CREATININE [1]
ELECTROLYTES [1]
CALCIUM. [1]
LIVER PROFILE. [1]
FREE THYROID PROFILE - FT3 , FT4 AND TSH [1]
LIPID PROFILE [1]
VITAMIN B12 (CYANOCOBALAMIN) [1]
CORTISOL [1]
ULTRASOUND ABDOMEN WITH PELVIS
BODY COMPOSITION ANALYSIS
PHYSICIANS CONSULTATION
DIETICIAN CONSULTATION
ANKITA ASHER FIRST VISIT CHARGES
INSULIN - POST PRANDIAL [1]

Total Amount – Rs.5000/- (Rupees Five thousand)

BENEFIT: Avail full body metabolic screening. Establish healthy eating habits so that you can enjoy eating and yet maintain the optimum weight.

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INFLAMMATION & ALLERGY PACKAGE

COMPLETE BLOOD COUNT- CBC [1]
ESR (ERYTHROCYTE SEDIMENTATION RATE) [1]
PULMONARY FUNCTION TEST
ALLERGIC TESTING -DR.ARUN DESHPANDE(A)
IGE (IMMUNOGLOBULIN E) [PR2]
ARUN DESHPANDE FIRST VISIT

Total Amount – Rs.4400/- (Rupees Four thousand four hundred)

BENEFIT: Share your concerns with Allergy Specialist and discuss the allergens that may be the impediment to wellness.

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OPTIMISING IMMUNITY PACKAGE

COMPLETE BLOOD COUNT- CBC [1]
BLOOD SUGAR FASTING & POSTPRANDIAL [1]
CREATININE [1]
ESR (ERYTHROCYTE SEDIMENTATION RATE) [1]
TSH (ULTRASENSITIVE) [1]
STRESS TEST
LIVER PROFILE. [1]
VITAMIN D (25 HYDROXY) [1]
VITAMIN B12 (CYANOCOBALAMIN) [1]
XR CHEST PA
BODY COMPOSITION ANALYSIS
DIETICIAN CONSULTATION
PHYSICIANS CONSULTATION
ANKITA ASHER FIRST VISIT CHARGES

Total Amount – Rs.5400/- (Rupees Five thousand four hundred)

BENEFIT: Get your immune system back on track by making subtle changes to your diet and lifestyle.

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MENOPAUSE PACKAGE

COMPLETE BLOOD COUNT- CBC [1]
BLOOD SUGAR FASTING & POSTPRANDIAL [1]
LIPID PROFILE [1]
ECG
ULTRASOUND ABDOMEN WITH PELVIS
MAMMOGRAPHY (HEALTH CHECK)
FSH (FOLLICLE STIMULATING HORMONE) [2]
LH (LEUTINISING HORMONE) [2]
TSH (ULTRASENSITIVE) [1]
CALCIUM. [1]
TESTOSTERONE [1]
CA-125 (CANCER ANTIGEN 125) [1]
GYNAECOLOGIST CONSULTATION
DIETICIAN CONSULTATION
E2 (ESTRADIOL) [1]
ANKITA ASHER FIRST VISIT CHARGES
PSYCHOLOGST CONSULTATION
CYTOLOGY EXAMINATION [2]

Total Amount – Rs.6500/- (Rupees Six thousand five hundred)

Tests available at discounted rate of 15% on OPD rate

-  **Vitamin D**
-  **Bone Densitometry**
-  **Uro dynamic study**

BENEFIT: Helps in designing the right treatment plan, and get medical guidance to come to terms with life's transition period.

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PRE PREGNANCY PACKAGE

COMPLETE BLOOD COUNT- CBC [1]
TSH (ULTRASENSITIVE) [1]
*HB ELECTROPHORESIS (HAEMOGLOBIN VARIANT ANALYSIS [SR4]
ULTRASOUND PELVIS
BLOOD GROUP & RH FACTOR [1]
GYNAECOLOGIST CONSULTATION
HIV 1 & 2 BY CHEMILUMINESCENCE [1]
HBSAG BY CHEMILUMINESCENCE [1]

Total Amount – Rs.3000/- (Rupees Three thousand)

BENEFIT: Detect pre-existing silent disorders having potential to adversely affect pregnancy outcome

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ANDROPAUSE PACKAGE ABOVE 50

COMPLETE BLOOD COUNT- CBC [1]
BLOOD SUGAR FASTING & POSTPRANDIAL [1]
LIPID PROFILE [1]
FREE TESTOSTERONE [PR3]
PROLACTIN [2]
PSA (PROSTATE SPECIFIC ANTIGEN) [1]
STRESS TEST
XR CHEST PA
PHYSICIANS CONSULTATION

Total Amount – Rs.3500/- (Rupees Three thousand five hundred)

BENEFIT: Get greater balance in life, get motivated to exercise and come to terms with life's transition period, if at all.

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AGE WELL PACKAGE

CBC
BLOOD SUGAR FASTING AND PP
HBA1C
LIPID PROFILE
CREATININE
ELECTROLYTES
LIVER PROFILE
TSH
URINE ROUTINE
STOOL ROUTINE
ECG
ULTRASOUND ABDOMEN WITH
PELVIS
PHYSICIAN CONSULTATION
LUNCH
BREAKFAST
MISC CHARGES

Total Amount – Rs.5000/- (Rupees Five Thousand)

- ✚ All Diagnostic Tests and consultations (specialty and super specialty) has been available at discounted rate of 15% on OPD rate
- ✚ This discount will be valid for 15 calendar days, will start from the day of health check

Tests available at a discounted rate

- ✚ Ankle Brachial Index – Rs 2,000 /- (Both limbs)
- ✚ Screening for Autonomic Neuropathy (R-R Interval) – Rs 1500/-

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PLATINUM EDGE PACKAGE - MALE

COMPLETE BLOOD COUNT- CBC [1]
ESR (ERYTHROCYTE SEDIMENTATION RATE) [1]
G6PD QUALITATIVE(GLUOSE 6-PHOSPHATE DEHYDROGENASE) [1]
LIVER PROFILE. [1]
LIPID PROFILE [1]
APOLIPOPROTEIN A1 & B [PR2]
LIPOPROTEIN A [PR2]
CRP HS - ULTRASENSITIVE DETERMINATION OF C-REACTIVE PROTEIN [1]
BLOOD SUGAR FASTING & POSTPRANDIAL [1]
GLYCOSYLATED HAEMOGLOBIN (HBA1C) [1]
BLOOD GROUP & RH FACTOR [1]
LDH SERUM [1]
URINE ROUTINE[1]
STOOL ROUTINE [1]
HIV I & II ELISA [1]
HBSAG ELFA[1] / ELISA [1]
HCV ELISA [1]
VDRL [1]
VITAMIN B12 (CYANOCOBALAMIN) [1]
VITAMIN D (25 HYDROXY) [1]
CRP-QUANTITATIVE ESTIMATION [1]
RA TEST (RHEUMATOID ARTHRITIS) QUANTITATIVE ESTIMATION [1]
ANTI STREPTOLYSIN O (ASO)- QUANTITATIVE ESTIMATION [1]
PSA (PROSTATE SPECIFIC ANTIGEN) [1]
CEA (CARCINO EMBRYONIC ANTIGEN) [1]
CA-19.9 (CANCER ANTIGEN 19.9) [1]
FERRITIN [1]
MAGNESIUM. [1]
HOMOCYSTEINE [1]
XR CHEST PA
ULTRASOUND ABDOMEN WITH PELVIS
PFT-SPIROMETRY
STRESS TEST
2DECHO - DOPPLER
AUDIOMETRY CHARGES
ECG
BODY COMPOSITION ANALYSIS
MISCELLANEOUS CHARGES

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PLATINUM EDGE PACKAGE - MALE (Contd.)




SURGEON CONSULTATION
OPHTHAL CONSULTATION
DENTAL CONSULTATION
ENT CONSULTATION
CARDIOLOGIST CONSULTATION
DIETICIAN CONSULTATION
PSYCHOLOGIST CONSULTATION
PHYSICIANS CONSULTATION
DERMOCOSMETOLOGY CONSULTATION
RENAL PROFILE [1]
FOLIC ACID OR FOLATE [2]
VASCULAR ELASTICITY MEASUREMENT
FREE THYROID PROFILE - FT3 , FT4 AND TSH [1]
CT SCAN CORONARY ANGIOGRAPHY
WHOLE BODY MRI
LUNCH

Total Amount – Rs.47,000/- (Rupees Forty Seven thousand)

Tests available at a discounted rate of 10% on OPD rates

-  **Bone Densitometry**
-  **9 Drug Panel**

Tests available at a discounted rate

-  **Ankle Brachial Index – Rs 2,000 /- (Both limbs)**
-  **Screening for Autonomic Neuropathy (R-R Interval) – Rs 1500/-**
-  **10% discount on individual Dermocosmetology Procedures except Laser Hair Reduction. It will be valid for 15 days from date of EHC**

BENEFIT: This complete health package will detect any disturbance in the internal functioning of your body and help you ensure that you live a healthy life. These tests are helpful in providing valuable information about the state of your health. The intention of this health package is to detect disease early which will help in early intervention which has high cure rate and less complication.

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PLATINUM EDGE PACKAGE - FEMALE

COMPLETE BLOOD COUNT- CBC [1]
ESR (ERYTHROCYTE SEDIMENTATION RATE) [1]
G6PD QUALITATIVE(GLUCCOSE 6-PHOSPHATE DEHYDROGENASE) [1]
LIVER PROFILE. [1]
LIPID PROFILE [1]
APOLIPOPROTEIN A1 & B [PR2]
LIPOPROTEIN A [PR2]
CRP HS - ULTRASENSITIVE DETERMINATION OF C-REACTIVE PROTEIN [1]
RENAL PROFILE [1]
BLOOD SUGAR FASTING & POSTPRANDIAL [1]
GLYCOSYLATED HAEMOGLOBIN (HBA1C) [1]
BLOOD GROUP & RH FACTOR [1]
LDH SERUM [1]
URINE ROUTINE[1]
STOOL ROUTINE [1]
FREE THYROID PROFILE - FT3 , FT4 AND TSH [1]
HIV 1 & 2 BY CHEMILUMINESENCE [1]
HBSAG BY CHEMILUMINESENCE [1]
HCV BY CHEMILUMINESENCE [1]
VDRL [1]
VITAMIN B12 (CYANOCOBALAMIN) [1]
VITAMIN D (25 HYDROXY) [1]
FOLIC ACID OR FOLATE [2]
ANTI STREPTOLYSIN O (ASO)- QUANTITATIVE ESTIMATION [1]
FERRITIN [1]
MAGNESIUM. [1]
HOMOCYSTEINE [1]
CEA (CARCINO EMBRYONIC ANTIGEN) [1]
CA-125 (CANCER ANTIGEN 125) [1]
CA-19.9 (CANCER ANTIGEN 19.9) [1]
CYTOLOGY EXAMINATION [2]
MAMMOGRAPHY (HEALTH CHECK)
XR CHEST PA
PFT-SPIROMETRY
ECG

BENEFIT: This complete health package will detect any disturbance in the internal functioning of your body and help you ensure that you live a healthy life. These tests are helpful in providing valuable information about the state of your health. The intention of this health package is to detect disease early which will help in early intervention which has high cure rate and less complication

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PLATINUM EDGE PACKAGE - FEMALE (Contd.)




STRESS TEST
2DECHO - DOPPLER
AUDIOMETRY CHARGES
BODY COMPOSITION ANALYSIS
SURGEON CONSULTATION
OPHTHAL CONSULTATION
DENTAL CONSULTATION
ENT CONSULTATION
CARDIOLOGIST CONSULTATION
DIETICIAN CONSULTATION
PHYSICIANS CONSULTATION
GYNAECOLOGIST CONSULTATION
DERMOCOSMETOLOGY CONSULTATION
PSYCHOLOGIST CONSULTATION
RA TEST (RHEUMATOID ARTHRITIS) QUANTITATIVE ESTIMATION [1]
CRP-QUANTITATIVE ESTIMATION [1]
CT SCAN CORONARY ANGIOGRAPHY
WHOLE BODY MRI
LUNCH

Total Amount – Rs.47,000/- (Rupees Forty Seven thousand)

**Tests available at a discounted rate of
10% on OPD rates**

-  **Bone Densitometry**
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Tests available at a discounted rate

-  **Ankle Brachial Index – Rs 2,000 /- (Both limbs)**
-  **Screening for Autonomic Neuropathy (R-R Interval) – Rs 1500/-**
-  **10% discount on individual Dermocosmetology Procedures except Laser Hair Reduction. It will be valid for 15 days from date of EHC.**

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“To be the preferred choice for healing and good health”