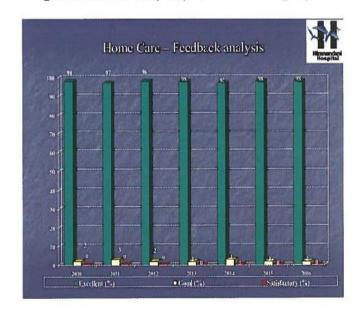
### **OUR CUSTOMERS VOICE**

- HIRANANDANI GARDENS: Post discharge visit came as a pleasant surprise, it was very useful and informative; the nurse who came was very friendly, lovable, well trained and experienced resource.
- RAHEJA VIHAR: Good initiative by the hospital and the staff come here to educate and check me, it is of great help to me and answered all queries
- SAKINAKA: It was very nice to meet nurse who was very caring, polite
- GHATKOPAR: Patient from Ghatkopar commented that post discharge visit is a very good service provided by the hospital.
- NAHAR AMRIT SHAKTI: Dr XXX, age 40 years, Cardiac physician: I can be rest assured as every time my patients' results are critical, I get a call from Dr LHHH laboratory within 2 hours and it helped me to manage the risks
- JVLR ANDHERI: Mr XXX, age 25 years, IT Professional: My father underwent a major surgery and required follow-up checking on alternate day. I was relaxed as I only taken prior appointment with Dr LHHH team and could continue my office as usual as I had seen the fully trained staff with NABL accredited laboratory.
- BHANDUP: Ms XXX, age 20 years, Daughter of cancer patient: My Mother is on chemotherapy and taking her for laboratory testing prior to chemotherapy was painful because of traffic and trauma she was going through. Homecare team solved my issue of travel, time and convenience

- CHANDIVALI: Mrs XXX, age 55years, Dengue positive patient: I was dengue patient just discharged from hospital. I was finding difficult to travel due to weakness, but homecare team were there to come home for blood collection and release reports in 2 hours to me as well as to treating doctor
- MAROL: Mrs XXX, age 30 years, Mother of 2 children: It was difficult to visit hospital get my blood test after managing 2 kids school drop and pick up, but Dr LHHH lab team had helped me at my convenient time and also made reports available online
- CHANDIVALI: Completely satisfied as the entire physiotherapy sessions were done with highly professional approach.
- LAKE HOMES: Excellent for senior citizens who have not remained active and need to have their muscles revitalized. This is very good service for people of this category.



## CALL TODAY FOR HOMECARE APPOINTMENTS AND TO FIND OUT MORE ABOUT HOW WE CAN HELP YOU.

## **NURSING:**

All days from 7am to 8pm. (Including Holidays and Sunday) Landline: 022-25763323/25763322; Mobile: 9819873621/9920945097

## LABORATORY (PATHOLOGY)

Monday to Saturday 7am to 7pm, Holidays and Sundays 7am to 2pm. Landline: 022-25763366/3365; Mobile: 9769023328 E-mail: pathology@hiranandanihospital.org

#### PHYSIOTHERAPY:

Monday to Saturday (8am to 6pm); Landline: 02225763479

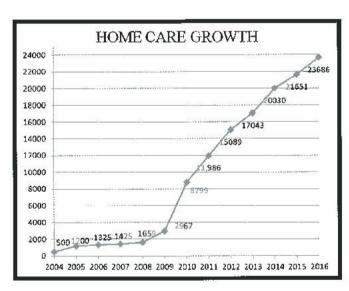
# HOMECARE SERVICES Dr L H Hiranandani Hospital

# NEWSLETTER MAY 2017



## Home care - A concept of care continuum. From 2004 onwards...

- At Dr L H Hiranandani Hospital homecare services started with the commissioning of the hospital in 2004.
- Care does not cease after discharge from Dr. L H Hiranandani Hospital and this was the corner stone idea on which our home care is based.
- Homecare is an initiative of the hospital in its effort to maintain care continuum. With our team of trained healthcare professional caregivers
- We cover the local areas in Powai and also extend our services to areas around Powai up to distance of 12 kms



### · Our services include

- ☐ Nursing Care and extension of the same as Intravenous injections, catheterization, would dressing, postpartum visits and so on
- □ Blood collections for Pathology tests
- ☐ Physiotherapy at home for the invalid and also for those who may prefer the home approach
- ☐ Post discharge free visits for surgery patients



## NURSING

- Nursing provides the 'Care' in healthcare.
   Our hospital is certified for its Excellence in Nursing Services by the NABH. Thus the quality of nursing whether at home or in the hospital is of high order.
- It is especially true for those cases where intervention of the doctor is not required and patients are not in condition to visit the hospital due to old age and chronic illness.
- Our post natal visit program is of great benefit for the mother as the nurse reaffirms the mother craft technique and also informs the mother on the advantages of breast feeding. During her visit she assesses the baby for issues such as dehydration, jaundice, cord health and even will shares an informative booklet on immunization.

- Services covered under nursing care.
- Dressings
- Suture Removal.
- Intramuscular Injection
- Injections (IV/Sc)
- Blood glucose monitoring
- Nebulization
- Blood Pressure monitoring
- Enema
- ECG
- Bladder wash
- Stoma care
- Post discharge visit and Revisit for Mother and newborn free service
- Mother craft and Puerperal advice
- Ryles tube removal
- PEG tube feeding



## **PHYSIOTHERAPY**

- The Physiotherapy department at Dr.L.H.Hiranandani hospital offers care continuum to the patients in the comfort of their homes. Qualified physiotherapists from the hospital devise tailor-made rehabilitation program as per patients' needs
- · Services offered are -
- Rehabilitation following Orthopedic Surgeries- Home exercise therapy to aid faster recovery following Joint Replacement Surgeries, Fractures, etc.
- Electric Stimulation Therapy (Current therapy) for Total Knee replacement patients who have Quadriceps weakness.
- Pain Management For patients advised bed rest for acute pain, pain relief using electrotherapy modalities like Short wave Diathermy (SWD), Transcutaneous Electrical Nerve Stimulation (TENS), and Ultrasound Therapy (US).



 Neurological disorders like Stroke, Parkinson's disease – A comprehensive exercise plan aids the mobility and functional recovery of the patient.

- Balance and gait training for patients having Imbalance issues , Vertigo , Neuropathies
- Chest Physiotherapy and Pulmonary Rehabilitation in conditions like COPD, Bronchial Asthma, Bronchiectasis, and ILD. Regular chest physiotherapy helps in draining the secretions and maintains clear lung fields and improves functional endurance.
- Post Natal Exercises help the new mothers to strengthen their pelvic floor, abdominal and back muscles. Regular exercises help in regaining good posture, figure and promote weight loss.
- Home exercises help in recovery of patients undergoing general surgeries, chemotherapy.

## PHLEBOTOMY - SAMPLE COLLECTION LABORATORY



- Our lab is a modern, fully equipped with the latest state-of-art equipments and NABL accredited in the field of medical testing by the NABL for the standard ISO 15189 since 2008. Laboratory provides holistic services in the form of Clinical Pathology, Microbiology, Histopathology, Cytopathology, Clinical Biochemistry, Hematology, Serology and Immunology including specialized tests and early detection assays – cancer markers are reported on the same day
- Our team comprises of a Laboratory Director, Pathologist, Microbiologist, Histopathologist, Onco-Histo-pathologist and dedicated team of Technologists who are trained, assessed and certified for blood draws for both inpatients and outpatients.
- Home-care phlebotomy services from 7 am to 7 pm including on Sundays and public holidays. We have catered to – over 10,000 customers a year. We cover 12 km radius and beyond and team of trained technician

geared with temperature insulated transport bags is there to collect the samples and take it to the laboratory for testing.

## Salient features

- 24-hour operation provides for the any test, any time approach to the patient management
- Automated state-of-art equipments including Vitros 5.1FS, Vitros 3600, Sysmex XN1000, Architect i1000SR, Vitek-2 Compact etc to maintain minimal downtime error with back-up of critical equipments. The equipment if fully automated and needs no manual intervention
- Equipments are bi-directionally interfaced ensuring error-free reporting and improving the turnaround time
- Integrated laboratory and hospital information system providing for minimal human handling and improving the operational efficiency and productivity with web-report viewing which is password protected and report download facility
- Bar-code identification system improving the efficiency of the process flow and minimizes any random errors
- Stringent Quality assurance programmes including participation in the international Proficiency testing programmes
- NABL (ISO 15189:2012) accreditation since 2008
- Outreach centers at JVLR-Marol, Raheja-Vihar, Ghatkopar (East) and Hiranandani Estate at Thane
- Cashless billing transactions available
- STAT or urgent sample testing including critical reporting on priority

